



I N D U L G E s e n s e s





Our exquisite Spa will take you away on a journey of ultimate relaxation and rejuvenation. IndulgeSenses Spa strives to be a complete natural and organic Spa. All the treatment products used in the Spa are naturally organic products, containing essential oils and botanical plant extracts.

Our qualified therapists offer a variety of specialized treatments as listed on the Spa menu. Our treatment rooms are spacious and tastefully designed with spectacular décor and modern finishing touches. All the treatment rooms are equipped with an en-suite bathroom for your convenience and privacy. Come and experience the serenity and tranquility of nature in Africa. Let us indulge all your senses at IndulgeSenses Spa...
Be Pure, Be Natural, Be Beautiful!

Phone: 0027 (0)15 781 3931/3
Spa Extension No: 1030
We are welcoming our guests from
Monday to Sunday 8 am – 8 pm

Please note prices are subject to change.

Hans Merensky Hotel & Spa
Phalaborwa

Email: spa-reception@hansmerensky.com
Escape from the pressures of daily life and take time out for yourself!

FACIAL TREATMENTS

Pevonia

Pevonia is a famous international brand that is dedicated to using only organic ingredients. These extraordinary ingredients will spoil your skin and deliver an amazing long lasting result. For detailed information please contact us directly.

Deep Cleaning Facial	60 min	R405
Combination Skin	60 min	R405
Sensitive/Dry Skin	60 min	R405
Gentlemen Facial	60 min	R405
Gentlemen Deluxe	90 min	R675
Caviar Facial	90 min	R675

Vitaderm

Vitaderm is a well known South African brand that offers products enriched with essential oils and free of any harmful ingredients.

Vitaderm Facial Express	45 min	R250
Purifying Facial	60 min	R330
Hydrating Facial	60 min	R330
Anti Aging Vitamin Facial	90 min	R405



Massage Treatments

Indulgence Mood Massage

Focusing on relieving stress and muscle tension, enjoy a customized massage using your choice of one of our anti-oxidant oil blends containing pure Grape Seed Oil and natural botanicals or our Shea Massage Butters.

IndulgeSenses Detox	45 min	R320
IndulgeSenses Relax	45 min	R320
IndulgeSenses Uplift	45 min	R320
IndulgeSenses Back and Neck	30 min	R280
IndulgeSenses Delux	60 / 90 min	R360 / R500
Golf Delux Massage	30 / 60 min	R300 / R390

African Wood Massage	30 / 60 min	R350 / R440
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A TheraNaka signature treatment using specially designed Swarthout body and facial dumbbells to massage your face and body after being drizzled with warm, nourishing Olive and Shea Butter, resulting in blissful relaxation and rejuvenation.

Avo-Shea Nugget Massage	30 / 60 min	R300 / R390
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Relax into the rhythm of Africa as nuggets of Avocado and Shea butter are placed on specific areas of the body, as the butter begins to melt at body temperature, the soothing warmth leaves you utterly relaxed and your skin nourished and hydrated.

African Awakening Massage	30 / 60 min	R280 / R360
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Experience an ultra relaxing indulgent full body massage, gently concluded with the soothing sounds of a rain stick to slowly and peacefully awaken your revived body and mind.

Body Treatments

IndulgeSenses Spa offers an amazing body therapy spa range containing exotic aromatic scents and typical African natural herbal infusions with reputed healing properties. Smell and touch the sensation of Africa and experience an ultimate sensory experience of natural therapy to relax and rejuvenate.

Body Exfoliation

Feel invigorated and revitalized as your body is polished to glowing perfection before receiving a body treatment.

Body Exfoliation	30 min	R250
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Body Wrap Treatment

Let your mind drift off whilst you are cocooned in a comforting atmosphere of fragrant oils and wraps from our therapeutic range, choose the wrap that will ease your concerns and float them away during a relaxing scalp massage.

Detoxifying Mud Wrap	60 min	R350
Uplifting Mud Wrap	60 min	R350
Relaxing Gel Wrap	60 min	R350
Revitalizing Gel Wrap	60 min	R350

Tinting

Eyebrow		R 45
Eyelashes		R 55
Lash & Brow		R 75

Moisturizing Milk Baths

Immerse your body in powerful grape skin and vine leaf anti-oxidant extracts combined with indigenous essential oils to promote wellbeing and anti-ageing, whilst achieving a deeper state of therapeutic relaxation.

Waterfall Bath (Detox)	30 min	R200
Forest Stream Bath (Relax)	30 min	R200
River Rapids (Uplift)	30 min	R200

Waxing

Eye brow	15 min	R 35
Chin	15 min	R 35
Upper Lip	15 min	R 35
Full Face Wax	30 min	R 80
Half Arm	15 min	R 80
Full Arm	25 min	R160
Underarm	20 min	R 80
Half Leg	20 min	R100
Full Leg	40 min	R190
Bikini	20 min	R 95
Back or Chest	30 min	R190